

PSHE/RSE IMPACT STATEMENT 2022-2023

KNOWLEDGE AND SKILLS

The majority of children enjoy the mindfulness sessions and found them helpful. They knew which part of the lesson we were referring to and spoke about the chime bar. The children could explain situations where mindfulness could help them and a few of them use it outside of lessons. KS1 and KS2 spoke about their learning this term with Mrs Wright about Dreams and Goals. They explained that we have goals to 'get better at something' and a dream is 'something that you really want to do.' Ash class gave examples of specific lessons, e.g. jobs and salaries, dreams and goals in different cultures.

Pupil Voice 2023



The mindful approach to PSHE



NEXT STEPS

- To complete in depth monitoring observation of PSHE/RSE lessons.
- To work collaboratively with other schools of a similar demographic to identify areas for development across the PSHE/RSE curriculum.
- To provide opportunities for the children to explore diversity.



ENGAGEMENT

All children enjoy PSHE lessons and they especially like the team games. Examples given included 'pass the squeeze', starting competitions, 'I sit in the garden' and 'the scientist'.

Holly class described a recent activity where they had been making flowers to 'stretch their brains'. They commented how they had enjoyed the challenge of working it out for themselves.

A few of the children spoke about how they would like more discussion time in PSHE lessons.

Pupil Voice 2023